

Nursery Skills Self-Assessment

This profile is for use by **Nursery** Nurses with more than one year's experience in his/her discipline and specialty. Please return this checklist by mail or **FAX it to (800) 661-9303**.

Name _____ Signature _____ Date _____

Directions: Indicate your level of experience by circling the numbers below as follows:

**1 = Can Function Independently
2 = Experienced, but May Need Review
3 = Limited or No Experience**

Care of the Newborn			
Foster Parent/Infant Relationship	1	2	3
Post Anesthesia Recovery Care	1	2	3
Physical assessment	1	2	3
Assign Apgar Scores	1	2	3
Suction Infant	1	2	3
Weigh/measure Infant	1	2	3
Infant Identification Procedures	1	2	3
Administer Vitamin K and Eye Prophylaxis	1	2	3
Collect Cord Samples	1	2	3
Perform Emergency Baptism	1	2	3
Transfer to Newborn Nursery	1	2	3
Normal Neonate Care			
Assessment:			
Ballard Scale	1	2	3
Circumference	1	2	3
Dubowitz Scale	1	2	3
Length	1	2	3
Respiratory Effort	1	2	3
Muscle Tone	1	2	3
Skin Color/Turgor	1	2	3
Barlow's Manuever	1	2	3
Neonatal Jaundice	1	2	3
Reflexes	1	2	3
Vital Signs	1	2	3
Weight	1	2	3
Equipment & Procedures			
Administer Injections to Neonate	1	2	3
Formula Preparation & Feeding	1	2	3
Infant Care Restraint Systems	1	2	3
Infant Care Taking Skills	1	2	3
PKU	1	2	3
Suctioning	1	2	3
Bathe Infant	1	2	3
Cord Care	1	2	3
Culture suspect Infectious	1	2	3
Neonate:			
Neonate CPR	1	2	3
Incubator/Isolettes	1	2	3
Thermo-Neutral Environment	1	2	3
IV Starts and Maintenance	1	2	3
Assisting With Umbilical Catheter Insertions	1	2	3
Pulse Oximeter	1	2	3
Delee Mucous Trap	1	2	3
Blow by Oxygen Therapy	1	2	3
Oxihood	1	2	3
Discharge Procedure	1	2	3

Equipment & Procedures Cont.			
Assist with circumcision:			
Circumcision Set-up	1	2	3
Assess Site Post op	1	2	3
Circumcision Care	1	2	3
Monitor Bladder and Bowel Patterns	1	2	3
Obtain Urine Specimens Via Bag	1	2	3
Test Stool for Blood, Reducing Substances	1	2	3
Care of Infant With:			
Drug Withdrawal	1	2	3
Prematurity	1	2	3
Down Syndrome	1	2	3
Hydrocephalus	1	2	3
Cleft Lip/Palate	1	2	3
Phototherapy	1	2	3
Patient Teaching			
Circumcision Care	1	2	3
Breastfeeding	1	2	3
Skin/Cord Care	1	2	3
Warning Signs and (Change in Elimination or Feeding Patterns)	1	2	3
Bathing	1	2	3
Phototherapy	1	2	3
Apnea Monitoring	1	2	3
Infant CPR	1	2	3